



Spiritual Campaign 2026/ Campaña Espiritual 2026

Week#1 Feb 19 to 22

Activities/ actividad	Fast/ ayuno	Pray/ Oración	Penance/ Penitencia	Charity/ obra de caridad	Holy Sacrament/ Santisimo	Spiritual Walk/ Caminata Espiritual
Thursday/ Jueves						7am or 6pm
Friday/Viernes						7am or 6pm
Saturday/ Sabado						4pm
Sunday/ Domingo						Before Mass/ antes de misa:_____
Sin to fight/ pecado a pelear						
Virtue through work/ virtud a ganar						
Notes/Nota:						



Spiritual Campaign 2026/ Campaña Espiritual 2026

Week/Semana#2 Feb 23-Mar 01						
Activities/ actividad	Fast/ ayuno	Pray/ Oración	Penance/ Penitencia	Charity/ obra de caridad	Holy Sacrament /Santisimo	Spiritual Walk/ Caminata Espiritual
Monday/Lunes						6pm
Tuesday/Martes						After mass/ Después de misa 6pm
Wednesday/ Miercoles						After mass 6pmDespués
Thursday/Jueves						7am or 6pm
Friday/Viernes						7am or 6pm
Saturday/Sabado						Before mass/ Antes de misa:_____
Sunday/Domingo						Before mass/ Antes de misa:_____
Sin to fight/ pecado por luchar						
Virtue through work/ virtud a Trabajar						
Notes/Notas:						